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Dot Journalingâ€•The Set: Includes A How-To Guide And A Blank Dot-Grid Journal



Synopsis

What's inside the set: A how-to guide . . . Dot Journaling "A Practical Guide explains how to start and keep a dot journal—a planner, to-do list, and diary that will help you get your life together. You decide what goes inside: • Lists of your to-dos, to-don'ts, and more Symbols that will make those lists efficient and effective Spreads to plan your day, week, month, or year Trackers for your habits and goals . . . and a blank dot-grid journal • 208 numbered dot-grid pages that make creative layouts a breeze A rugged, flexible cover with an inner back pocket An elastic closure and a ribbon to keep your place!

Book Information

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Best Sellers Rank: #4,898 in Books (See Top 100 in Books) #2 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Scrapbooking #7 in Books > Self-Help > Journal Writing #32 in Books > Self-Help > Creativity

Customer Reviews

“This book will actually help you get your life together.” HelloGiggles

Rachel Wilkerson Miller is a senior lifestyle editor at BuzzFeed. She has written for the Hairpin, Huffington Post, and the Knot, and has appeared on Today and Good Morning America. She lives in Brooklyn.

I'm obsessed with my new dot journal and Rachel's book was key in helping me get started! I can't recommend this set enough.

Great value! The book was a clear and helpful guide detailing the basics of dot journalling. The pictures were great: showed neat and tidy pages, clearly demonstrating the grid or page setup

options without overwhelming the reader with decorative options. This was just the book I needed to give me the how and what dot journaling. The set was a nice option to provide an inexpensive journal with the book. The journal seems to be nice quality, with dot grid pages, page numbers, elastic band. The tone of the book was encouraging, lighthearted, but very practical. Covers the basics of set up, offers a myriad of options for pages and trackers, and touches on the best pens and markers should one want to get fancier eventually. Excellent value. Highly recommend this set.

Absolutely love this, such a great overview of bullet/dot journaling and so many different examples for spreads. Extremely helpful! The only thing I would suggest is definitely getting the physical book rather than the kindle version. The spreads are much clearer in the book and this is one I will highlight and go back to over and over. Love it!

Love everything about this!! The book was a quick, easy read and the dot journal is very pretty! The suggestions in the book help me to set up an awesome journal in a short amount of time! Thank you!!!!

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Dot Journaling • The Set: Includes a How-To Guide and a Blank Dot-Grid Journal Bullet Journal: Dot Bullet Journal; Small Blank Dot Grid Journal for Women; (5.25 x 8 in.) -blank dotted pages for Diary, Planner, Calligraphy, Hand ... Journal and Notebook Collection) (Volume 1) Dot Grid Notebook 8 Dots Per Inch: Dot Grid Composition Book Dotted 0.5 inches (approx 12.5 mm) Precise Dot-Grid Journal. Paper Size 7.50"W-9.75"H (Volume 5) Dot Grid Journal: A Dotted Notebook with Bullet Dots & Dot Grid Paper to Stay Organized / Dotted Grid to Bullet Journal Your Notes Fucket List: Funny Bucket List Journal 8 x 10 inch Bullet Dot Grid Journal - Blank Notebook, 1/4 inch Dot Grid with 160 Pages, Sturdy Matte Softcover ... Journaling Quote Diary for Teens, Men & Women Echo Dot: Dot Advanced User Guide (2017 Updated): Step-by-Step Instructions to Enrich Your Smart Life! (Echo, Dot, Echo Dot, Echo User Manual, Echo Dot ebook, Dot) Echo Dot: Echo Dot User Manual: From Newbie to Expert in One Hour: Echo Dot 2nd Generation User Guide: (Echo, Dot, Echo Dot, ... Manual, Alexa, User Manual, Echo Dot ebook) Dot Grid Paper Notebook: Watercolor Circles: 7.5 x 9.5 Dot Grid Journal, 170 Pages (Dot Notebooks) Cute Piglet: Sketchbook for Kids : Dot Grid Journal : Notebook Composition:Girls: dot grid journal and sketchbook for boys and girls 8x10 inch,99 Pages Bullet Blue Journal: Bullet Grid Journal Blue Polka Dots, Large (8 x 10), 150 Dotted Pages, Medium Spaced, Soft Cover (Vintage Dot Grid Journal Large) (Volume 6) Bullet Gold Journal: Bullet Grid Journal Gold Polka Dots, Large (8 x 10), 150 Dotted Pages, Medium

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